

# STONEYGATE Physical Education & Sport Curriculum

## Reception Sample Timetable

	ADVENT		LENT		TRINITY	
DAY	1 <sup>st</sup> half term	2 <sup>nd</sup> half term	1 <sup>st</sup> half term	2 <sup>nd</sup> half term	1 <sup>st</sup> half term	2 <sup>nd</sup> half term
Tuesday	<b>GAMES</b> Explore variety of games equipment	<b>DANCE</b> Christmas production	<b>GYMNASTICS</b> Weight bearing	<b>GYMNASTICS</b> Display floorwork	<b>ATHLETICS</b> Running, obstacles	<b>ATHLETICS</b> Sports day events
Wednesday	<b>GAMES</b> Explore variety of games equipment	<b>DANCE</b> Christmas production	<b>GYMNASTICS</b> Locomotion & balance	<b>GYMNASTICS</b> Display work apparatus	<b>ATHLETICS</b> Running, obstacles	<b>ATHLETICS</b> Sports day events
Thursday	<b>GAMES</b> Explore variety of games equipment	<b>DANCE</b> Christmas production	<b>GYMNASTICS</b> Locomotion & balance	<b>GYMNASTICS</b> Display work apparatus	<b>ATHLETICS</b> Running, obstacles	<b>ATHLETICS</b> Sports day events

Explore variety of games equipment; Focus on using bean bags, using medium size balls, hoops & quoits, ropes, bat and small ball = Games for understanding.

