

STONEYGATE Physical Education & Sport Curriculum

Year 1 Sample Timetable

DAY	ADVENT		LENT		TRINITY	
	1 st half term	2 nd half term	1 st half term	2 nd half term	1 st half term	2 nd half term
Monday	GAMES Large balls skills; Throwing & catching, Aiming games	DANCE Christmas production	GYMNASTICS Transference of weight Display work	GYMNASTICS Display floorwork	ATHLETICS Running, obstacles	ATHLETICS Sports day events
Wednesday	GAMES Bat & ball skills games, skipping & developing partner work	DANCE Christmas production	GYMNASTICS Use of feet & legs & balances	GYMNASTICS Display work apparatus	ATHLETICS Running, obstacles	ATHLETICS Sports day events
Thursday	GAMES Bat & ball skills games, skipping & developing partner work	DANCE Christmas production	GYMNASTICS Use of feet & legs & balances	GYMNASTICS Display work apparatus	ATHLETICS Running, obstacles	SWIMMING

