

IGSCE PE

The syllabus provides candidates with an opportunity to study both the practical and theoretical aspects of physical education. It is designed to foster enjoyment in physical activity by providing students with an opportunity to take part in a range of physical activities. Students undertaking the IGCSE Physical Education course should be competing regularly for the school teams and be competent in a range of sports

As part of the course the students will follow a programme of Swimming, Personal Survival, Cross Country and Camp Craft and, an ability to be successful in these sports is a key determinant to success in this subject.

By following the course students will be able to develop an understanding of effective and safe physical performance and to appreciate the necessity for sound understanding of the principles, practices and training that underpin improved performance, better health and well-being.

The syllabus is broken down into the following components:

- Factors affecting performance
- Health, safety and training
- Reasons and opportunities for participation in physical activity

The examination assesses candidate's knowledge and understanding in relation to the syllabus content. Candidates are required to demonstrate skills of description, interpretation and evaluation. The question paper has a weighting of 50% of the total mark.

The Coursework component requires candidates to offer a minimum of four practical activities from two of seven categories. Each activity is marked out of 50 and it is worth 50% of the final mark. There is also a written piece of coursework worth 10%. The practical activity categories are:

- Games
- Gymnastic Activities
- Dance (max 2 dance styles)
- Athletic Activities
- Outdoor and adventurous activities
- Swimming
- Combat Activities